

Registration Form

Name _____

I like to be called _____

Age _____ Date of Birth: _____

School attending this fall _____

Entering Grade _____ Height _____ Weight _____

Years playing lacrosse _____ Position _____

Team(s) you played for in 2009 _____

Parent(s) name(s) _____

Address: _____

City: _____ State: _____ Zip _____

Phone:(H) _____ (C) _____

Parent e-mail: _____

Please describe any health issues camper has that the OSLC staff should know about:

Insurance Carrier _____

Name of Insured _____

Policy # _____

Emergency Contact: _____

Phone:(H) _____ (C) _____

Persons authorized to pick up my son _____

Special requests _____

Registration fee- \$350

Deduct \$25 from fee if your son is a US Lacrosse member

US Lacrosse Member ID #: _____

Membership expiration date: _____

(must be no earlier than 7/10/09)

Deduct \$25 if camper is your second son registered.

Financial aid is available; e-mail jeff@oceanlax.com for info.

Payment in full is preferred, but a minimum nonrefundable deposit of \$150 is acceptable; balance is due by July 6th.

Amount enclosed _____ Amount due _____

Please make check payable to: Ocean State Lacrosse Club & mail with completed form to:

Ocean State Lacrosse Club
88 Aaron Ave.
Bristol, RI 02809

Phone: (401) 247-1003 Fax (401) 247-2307

Waiver of Liability

I, the parent/legal guardian of _____, hereby give permission for my son to participate in any and all activities at the 2008 Ocean State Lacrosse Camp. I assume all risks and hazards incidental to such participation including transportation to and from all activities. I also agree to waive, release, absolve, indemnify and hold harmless the OSLC organizers, directors, supervisors, coaches, participants, designated officials, field facilities and persons transporting my child to and/or from any events that OSLC participates in and from any claim or action arising from any injury to my child. Finally, I agree to abide by the OSLC parent's code of conduct and team rules at all events that OSLC participates in.

I further hereby give my consent for my son

_____ to receive emergency medical treatment which may be deemed advisable in the event of an accident or illness which participating in the events that OSLC participates in. I understand that, if possible, I will be notified by telephone of any emergency that involves my son. The Undersigned has read the above waiver and release, understand that they have given up substantial rights by signing it, and sign it voluntarily.

Parent or Legal Guardian's Signature:

_____ Date _____



4th ANNUAL LACROSSE CAMP

July 6th-10th, 2009
St. Andrews School
63 Federal Road
Barrington, RI 02806
For Boys Ages 8-17, Grades 3-12

401-247-1003

www.oceanlax.com



"I have known Jeff Popham and Rory Whipple for a long time. They are truly dedicated and knowledgeable. I am confident that Ocean State Lacrosse Camp will be a valuable experience for all young players."
Dom Starsia, Head Coach, University of Virginia,
NCAA Division I Champions 1999, 2003, 2006

Camp Directors Jeff Popham, Rory Whipple, and experienced staff of college and high school coaches invite you to our fourth annual camp that will be highly instructional for experienced as well as beginning players. Like last year, we will also have accomplished home grown college players back on our coaching staff.

Our goal is to develop each camper into a faster, stronger, more confident & complete lacrosse player!!



Our emphasis will be on:

- motivating you to master the fundamentals with your strong hand as well as your weak hand.
- teaching you the advanced team play skills at each position- attack, midfield, defense, goalie- to give you the confidence to excel!!
- practicing special situations to prepare you for success in those critical points in a game.
- improving your strength, speed, and agility.
- bringing out the best in you in the skills competitions and daily games,
- instilling confidence , encouraging teamwork and sportsmanship, and having fun!!

Campers will also receive: a lacrosse jersey, water bottle, buffet lunch daily, special gift, individual camp portrait, and camp report card.

Campers must bring: Stick, mouthguard, lacrosse helmet, gloves, arm pads, shoulder pads, cleats, & sandals (for lunch hour). **Please identify all belongings!!**

Daily Schedule

- 8:45-9:00 check-in
- 9:00-9:45 warm-up, speed & agility workout
- 10:00-11:00 stickwork & positional skills session
- 11:00-12:00 game situation drills & skills competitions
- 12:00-1:15 lunch & video session
- 1:15-2:45 full-field games with individual instruction sessions
- 2:45-3:00 wrap-up & check out

Camp Staff



Jeff Popham, Camp Director... a driving force in the growth of lacrosse in Rhode Island. Jeff served as President of the Rhode Island Lacrosse Association (RILAX) from 2000-2003 and during that time managed a 350% increase in the number of youth playing lacrosse. Since 1998, he has served as a Director and Coach in the East Bay Youth Lacrosse organizations. For the past eight summers, he has coached U-13, U-15, and high school All-Star Travel teams and worked at numerous clinics and camps. In 2006, he founded the Ocean State Lacrosse Club and fielded competitive travel teams for high school players. Jeff played midfield for Washington College (1978-1979).



Rory Whipple, Field Director & Midfield Coach... Head Coach of Florida Southern College & is one of the most successful coaches in college lacrosse. Following coaching stints at Clarkson and Hartwick College, he built the Bryant program from scratch into a perennial Division II powerhouse and coached eight All-Americans. Since 1994, Rory has also coached a number of Iroquois National teams at recent World Lacrosse Championships and worked numerous clinics and camps. Rory starred as a midfielder at Cortland State (1973-1976) and played on the 1975 team that won the NCAA D-II Crown.



Andrew Whipple, Attack Coach- Coach, Pittsford High School in Rochester, NY... was 3 time All-American at Maryland (1995-1998) & played on the team that lost to Princeton in the 1998 D-1 Final... was recognized in 2007 for his dedication & service to Pittsford Lacrosse and coached the 2008 championship team of the adidas National Lacrosse Classic in 2008.... is a veteran camp coach with a great work ethic.

Andrew Fink, Defense Coach- Head coach, Mount Ida College (Newton, MA) ...owns 58-21 career record & his team played in NCAA D-III tournament in 2007 & 2008... 3 year starter at University of Hartford. (1999-2001).

Tim Ryan, Attack Coach- Asst. Coach at Prout School (3 time defending D-2 RI State Champs) ...also coaches Ocean State Travel teams... 4 year starter at Salve Regina (1999-2003) ...was team captain & 1st team Conference in 2003.

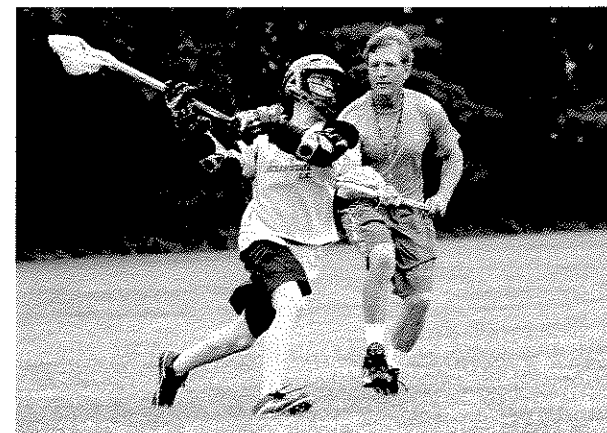
Dennis Dobbyn, Goalie Coach- Asst. Coach at Roger Williams University and Boys Director of East Bay Bristol County Youth Lacrosse....NE Lacrosse Hall of Famer with over 250 career wins as a head coach at LaSalle, Moses Brown, and Roger Williams over 3 decades... a gifted teacher with a great enthusiasm for the great game of lacrosse.



The 2008 OSLC Coaching Staff- experienced, knowledgeable, dedicated



I had a great time; I thought that the camp was well organized and that all of the coaches really knew what they were doing.'



Your camp got top ranks from our family. It was fun for Chris, he learned a lot and it was all around a great experience, thank you for helping him develop as a player and as a person..'